

# Chuggim @ Chai

2019/2020



Temple Chai's Elective Program  
for  
5<sup>th</sup>, 6<sup>th</sup>, and 7<sup>th</sup> Graders

## Blankets with Bubbie



**Do you enjoy knitting? Have you always wanted to learn how to knit? Would you like to make no-sew blankets to donate?**

In this chug, students will work with Mrs. Amy Isaacson to either learn how to knit or have the chance to perfect their knitting skills as they perform the mitzvot of *G'milut Chasadim* by making blankets to donate to homeless organizations and animal shelters. Along with yarn, students will have the chance to use other materials (such as fleece and fabric) to make blankets while listening to stories and connecting with their peers. Parents are invited to stay and knit with us.

## Dungeons and Dragons



**Do you enjoy telling stories and role-playing?**

In this chug, led by Mr. Jeremiah Kaplan, students will challenge the normal approach to story-telling. With an emphasis on Jewish values such as *Kavod* (Respect/Honor) and *Kehila* (Community), students will gather to tell the stories of our people. From the thrilling tales of Torah to the exciting folklore of mythical golems that have protected our people over the generations, they will take on the roles of *Giborim* (Mighty Heroes) to face challenges and bear witness to miracles. The collaborative nature of D&D means everyone has an equal role to play.

**\*Please note that due to the nature of this game, 8 participants is the maximum number of students who can participate in this chug at this time.**

## Game On!



**Do you enjoy playing board games?**

**Did you know that *Guess Who* and *Rummikub* were invented by Israelis?**

In this chug, students will disconnect from their phones in order to connect with each other. They will play board games such as *Scattergories*, *Blockus*, and *Sorry* while simultaneously learning from Mrs. Heather Abrams about Jewish values and discussing how critical thinking, strategy, and innovation (all essential components of playing board games), are deeply rooted in Jewish tradition.

## Just Dance!



**Do you enjoy dancing? Have you ever wanted to help choreograph a dance?**

In this chug, students will get to spend time learning and choreographing dances, under the instruction of Ms. Cassidy Siso, that will range from modern lyrical to traditional Israeli. Along with exercising and connecting with their peers, students will also learn about Israeli dance culture and the Jewish value of *Sh'mirat HaGoof* (taking care of your body).

## Maccabia Sports



**Do you love playing sports?**

**Do you wonder how sports go hand-in-hand with important Jewish values?**

In this chug, students will learn about Jewish culture and values through sports and friendly competition. With Coach Zac Abrams, they will gain an understanding of the values taught by sports, including *k'hilah k'doshah* (a holy team community), *ruach* (team spirit), *zokef k'fufim* (lifting up the fallen) and *sh'mirat haguf* (caring for one's body).

## Schmooze & Schmear with Poppy



**Do you enjoy talking about current events while noshing on breakfast?**

Students in this chug will spend time with Mr. Alan Isaacson delving into some of the age-appropriate occurrences in the weekly news. While enjoying a light breakfast, students will use the principals of Jewish *middot* (values) to discuss how we can use a Jewish lens to understand current events. Discussions will also focus on how we can affect and make changes in the world. Students will leave this chug with a full belly and a feeling of optimism about current events.

**\*Please note that this chug is open to 5<sup>th</sup> and 6<sup>th</sup> graders only.**

## Y'ladim M'vashlim (Kids Cooking)



### **Do you enjoy cooking and eating?**

In this chug, students will learn how to prepare traditional foods associated with Israeli culture and Jewish holidays. Along with cooking and sampling the food, Mrs. Ariela Ben-Dor will teach students Hebrew vocabulary and help them discover how the ethnic diversity of the Jewish people can be brought to life in the kitchen.

\*Please note, as we will be using many different ingredients in a kitchen that is not nut-free, this chug is not recommended for students with food allergies.